





January 2018 ~ Lunch Menu Caravel Middle School

Menu Subject to Change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	All meals are served with a choice of 1% or fat free chocolate milk. A selection of additional fruits and vegetables are available at the salad bar every day.				Lunch Prices: <ul style="list-style-type: none"> • Full pay \$2.75 • Reduced pay .40 • Snack milk .50
	1 Happy New Year	2 WELCOME BACK!!	3	4	5
<u>Weekly Second Choice</u>		Big Daddy's cheese pizza	Chicken nuggets, waffles	Spaghetti & meatsauce	Hot dog on a bun
Tuna Sandwich	NO SCHOOL	Green beans Fruit, Milk	Potato puffs, baked beans Fruit, Milk	Breadstick, Pickled beets Fruit, Milk	Potato wedges, Fruit, Milk
	8	9	10	11	12
<u>Weekly Second Choice</u>	Chicken burger on a bun	Stuff crust pizza w/marinara	Chicken nuggets, waffles	Chicken Stew w/ a, breadstick	Hot ham & cheese croissant
Turkey and cheese sub	Fries, Baked beans, Fruit, milk	Green beans, Fruit, milk	Hasbrown, Corn, Fruit, Milk	Broccoli, Fruit, milk	Tomato soup, Fruit, milk
	15	16	17	18	19
<u>Weekly Second Choice</u>		Pizza – cheese or ham	Chicken nuggets, waffles	Meatball Sub	Cheese omelet , sausage, biscuit
Pulled Pork Sandwich	NO SCHOOL – MARTIN LUTHER KING JR. DAY	Caesar salad, Fruit, milk	Potato puffs, Fruit, Milk	Onion rings, Fruit, milk	Homefries, baked beans fruit, milk
	22	23	24	25	26
<u>Weekly Second Choice</u>	Ham Italians w/ sunchips	French bread pizza	Chicken nuggets, waffles	Walking taco	Hot dog on a bun
Yogurt cup and bug bites	Seasoned carrots, fruit, milk	Caesar salad, fruit milk	Potato puffs, Fruit, Milk	Corn, refried beans, fruit, milk	Oven fries, fruit, milk
	29	30	31 Early Release Day	1	2
<u>Weekly Second Choice</u>	Popcorn chicken	Galaxy cheese pizza	Bag lunch:	Chicken Alfredo w/pasta, breadstick	Turkey and bacon on ciabatta
Grilled Cheese Sandwich	Mashed potato, Corn, fruit, milk	Caesar salad, bean salad fruit, milk	Muffin, Yogurt, cheese stick Craisins, cucumber coins, veggie dip, milk (no second choice)	Seasoned carrots, fruit, milk	Chicken & rice soup, fruit, milk

Contact Emily A Nicholas, Food Service Director, for questions or concerns at 207-848-4023 or e-mail enicholas@RSU87.org This institution is an equal opportunity provider.